



Young People and Technology Workshop

Thursday 22nd February 2018

Are you worried about a young person that never seems to take their eyes off a screen? Is it affecting their social life and school work? Do you know young people who becomes violent when someone tries to take away their device?

Join us for a 3 hour workshop which will equip you to:

- Understand the warning signs of problems starting to occur with screen time.
- Understand the changes that occur in the brain as a result of too much screen time.
- Understand how you can prevent problems.
- Understand the challenges.
- Discover supports that can be put in place for the family.

WORKSHOP DETAILS:

- Time:** 9.30am—12.30pm
- Date:** Tuesday 13th February 2018
- Venue:** The Bridge Club, 21 Nova Place, Christchurch
- Cost:** \$65 + gst per person
- Register:** [Online here](#)

For more information contact info@collaborative.org.nz
or visit our website www.collaborative.org.nz