



## **FASD Workshop**

### **Friday 22nd September 2017**

More than 1 in 100 pregnancies are affected by alcohol. Damage from alcohol can be present in the facial features, the brain, the nervous system, eyes, hearing, heart and kidneys. Alcohol in pregnancy can also affect growth and the development of the immune system. It is estimated that possibly more than three babies in every 1000 are affected every year. Often behavioural and cognitive difficulties do not become apparent until adolescence. Learning outcomes from this workshop will be:

- ◆ What are the potential symptoms of FASD and where can we go for help
- ◆ How to work with children and young people who may have FASD
- ◆ How to help prevent FASD

If you are working with children and young people with learning and behavioural difficulties then you need to come and learn more at this workshop.

This workshop will be presented by:

**Trish Jamieson, MHealSc, Grad Dip SW, Dip ADTL, RSW**

*Trish completed her Masters in Health Sciences earlier this year through University of Canterbury. Her dissertation is on "The challenge of supporting children with Fetal Alcohol Spectrum Disorder (FASD) in Aotearoa New Zealand: A Narrative literature review". Trish has worked in a variety of NGO's as a social worker but particularly in the addiction field where her interest for FASD was sparked.*

**Kirsty Strong, BA, PG Dip AT**

*Kirsty is completing her 3<sup>rd</sup> and final year of a Masters in Arts Therapy (MA AT) through Whitecliffe College of Arts and Design. As part of her course requirements Kirsty is researching whether Arts Therapy is an effective treatment option for an adolescent with FASD symptomology. Kirsty has worked as a health promoter, an advocate and a youth programme coordinator and has a passion to support families and young people through creative expression.*

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## **WORKSHOP DETAILS:**

- Time:** 9.30am—12.30pm
- Date:** Friday 22nd September 2017
- Venue:** Christchurch Bridge Club, 21 Nova Place, Christchurch
- Cost:** \$65 + gst per person
- Register:** [Online here](#) before 14 September

For more information please contact [info@collaborative.org.nz](mailto:info@collaborative.org.nz)